

In this issue:

Access to Care: Making a Helpful Resource Even Better	1
Important Changes to the Federal Pre-Existing Condition Insurance Plan	1
Access to Care: Spanish Translations	1
New Liver Cancer Educational Poster	2
Declare Your Independence: Freedom from Nicotine Addiction	2
Upcoming Monthly Focus Topics	2

Access to Care: Making a Helpful Resource Even Better

Texas Cancer Information (TCI) continues to work to improve its [Access to Cancer Care for Low-Income and Uninsured Patients](#) tool, your guide to cancer screening and treatment services for low-income and uninsured Texans in Texas' 254 counties.

Annual verification of services and procedures in all 254 counties and updated English and Spanish documents are now posted at www.texasancer.info/access/. Also, five more counties have been translated into Spanish – [Austin](#), [Chambers](#), [Montgomery](#), [San Jacinto](#) and [Waller](#) (see related story). **In the coming months, look for Spanish translations of the remaining 177 counties, as well as Vietnamese and Chinese translations of Harris, Brazoria and Fort Bend Counties!**

TCI is also currently in the process of developing a more interactive, searchable [Access to Care](#) database with an enhanced web-based interface in English and Spanish. PDF versions will still be provided.

Important Changes to the Federal Pre-Existing Condition Insurance Plan

Effective July 1, several changes will take effect. Premiums will be reduced in 18 states that are participating in the federally run plan. Texas premiums will be reduced by 23.6%. Enrollees will no longer have to obtain a denial letter from an insurance company in

order to apply. All they will need to do is obtain a letter from a physician, nurse practitioner or physician assistant dated within the last 12 months stating that they have, or have had at any time in the past, a medical condition, disability or illness. For more information, visit the [HealthCare.gov](http://www.healthcare.gov) webpage *Changes to the Pre-Existing Condition Insurance Plan in Your State* at www.healthcare.gov/news/factsheets/pcip05312011a.html.

Access to Care: Spanish Translations Available for 77 Counties

TCI now has information on services available to low-income and uninsured Texans in the following 77 counties available in Spanish. These counties represent just over 90% of the Hispanic population in Texas. **Look for translations of all 254 counties in the coming months!**

Atascosa County	Gonzales County	Randall County
Austin County	Gregg County	Reeves County
Bandera County	Guadalupe County	San Jacinto County
Bee County	Hale County	San Patricio County
Bell County	Harris County	Schleicher County
Bexar County	Hidalgo County	Smith County
Brazoria County	Hudspeth County	Starr County
Brazos County	Jefferson County	Sutton County
Brewster County	Jim Hogg County	Tarrant County
Brooks County	Jim Wells County	Taylor County
Cameron County	Kenedy County	Terrell County
Chambers County	Kinney County	Tom Green County
Collin County	Kleberg County	Travis County
Crockett County	La Salle County	Upton County
Culberson County	Liberty County	Uvalde County
Dallas County	Lubbock County	Val Verde County
Deaf Smith County	Maverick County	Waller County
Denton County	Medina County	Ward County
Dimmit County	Midland County	Webb County
Duval County	Montgomery County	Wichita County
Ector County	Nueces County	Willacy County
El Paso County	Orange County	Williamson County
Ellis County	Pecos County	Winkler County
Fort Bend County	Polk County	Zapata County
Frio County	Potter County	Zavala County
Galveston County	Presidio County	

New Liver Cancer Educational Poster

TCI has developed an educational poster on liver cancer entitled [Primary Liver Cancer/Cáncer Primario de Hígado/Ung Thu' Gan](#). Educational messages are presented in English, Spanish and Vietnamese in order to reach those at higher risk for the disease. The poster was developed with the faculty facilitator of [The University of Texas MD Anderson Cancer Center](#) Comprehensive Cancer Control Work Group on liver cancer and in collaboration with the [Physician Oncology Education Program](#) of the [Texas Medical Association](#). The poster will be distributed as an insert in the July issue of [Texas Medicine](#) with additional posters to be distributed to physicians upon request.

You may view and download many TCI [posters](#) and brochures at <http://www.texascancer.info/poster>. TCI posters are available free of charge while supplies last. To order this or other TCI [posters](#), e-mail us at info@texascancer.info or call 713-792-2277.

Primary Liver Cancer

- Primary liver cancer begins in the liver
- Today more men are dying from primary liver cancer than ever before
- Your chances of getting primary liver cancer may be high if you:
 - Have hepatitis B or C viruses
 - Have a family history of primary liver cancer
 - Have liver disease (cirrhosis) from any reason like alcohol or fatty liver
- There are treatments for primary liver cancer
 - Surgery
 - Liver transplant
 - Radiation
 - Chemotherapy
- Talk to your doctor and find out if you are at risk. If you are, you may need to see your doctor every 6 months. Finding primary liver cancer early means better treatment.

Cáncer Primario de Hígado

- El cáncer primario de hígado comienza en el hígado
- Hoy día más hombres mueren de cáncer primario de hígado que nunca
- Sus probabilidades de desarrollar cáncer primario de hígado pueden ser altas si usted:
 - Tiene los virus de hepatitis B o C
 - Tiene historia familiar de cáncer primario de hígado
 - Tiene enfermedad hepática (cirrosis), sea cual sea el origen, como por ejemplo el alcohol o el hígado graso
- Hay tratamientos para el cáncer primario de hígado
 - Cirugía
 - Trasplante de hígado
 - Radiación
 - Quimioterapia
- Hable con su médico y averigüe si usted tiene riesgo. Si usted lo tiene, puede que necesite visitar a su médico cada 6 meses. Encontrar el cáncer de hígado en sus comienzos implica un mejor tratamiento.

Ung Thu' Gan

- Ung thu gan nguyên thủy bắt đầu từ trong gan
- Hiện nay nhiều người chết vì ung thu gan hơn bao giờ hết
- Cơ hội của bạn bị ung thu gan có thể cao nếu bạn:
 - Bị virus của viêm gan B hoặc C
 - Có một lịch sử gia đình mắc bệnh ung thu gan
 - Có bệnh gan (vô gan) từ bất kỳ lý do như rượu hoặc gan nhiễm mỡ
- Có những phương pháp điều trị cho bệnh ung thu gan
 - Phẫu thuật
 - Chép gan
 - Xạ trị
 - Hóa trị
- Nói chuyện với bác sĩ của bạn và tìm hiểu xem bạn có nguy cơ bị bệnh không. Nếu bạn đang có bệnh, bạn có thể cần đến gặp bác sĩ mỗi 6 tháng. Tìm ung thu gan sớm có nghĩa là việc điều trị sẽ tốt hơn.

www.texascancer.info

TEXAS CANCER information
TEXAS MEDICAL ASSOCIATION
Physician Oncology Education Program
Physician Camp for Texans

THE UNIVERSITY OF TEXAS
MD Anderson Cancer Center
Making Cancer History®

Declare Your Independence: Freedom from Nicotine Addiction

Commemorate this 4th of July by declaring freedom from nicotine addiction or by encouraging the smokers in your life to declare their freedom from cigarettes. The [Center for Disease Control and Prevention](#)'s (CDC) [Office on Smoking and Health](#) (OSH) is using July 4th, when we remember Americans' fight for independence and celebrate the freedoms we enjoy, to remind people affected by tobacco use that freedom from nicotine addiction can also be achieved. Visit CDC's [Freedom from Nicotine Addiction](#) page to learn more about tobacco addiction, reasons to quit, reasons to be encouraged that you can quit and resources to help you achieve freedom from nicotine addiction.



Upcoming Monthly Focus Topics

Visit the [TCI website](#) at www.texascancer.info in the coming months to learn more about the following cancer and health topics in our *Monthly Focus* feature:

July 2011	Liver Cancer Awareness
August 2011	Hematological Cancer Awareness
September 2011	Energy Balance
October 2011	Breast Cancer Awareness
November 2011	Lung Cancer Awareness/ Smoking Cessation

If you have suggestions for future *Monthly Focus* topics, e-mail us at info@texascancer.info or call 713-792-2277.

