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## Access to Care: How to Find Health Care for Priority Populations Statewide

Texas Cancer Information's [Access to Cancer Care for Low-Income and Uninsured Texans](#) is your guide to cancer screening and treatment services for low-income and uninsured Texans.

TCI has completed the [Access to Care](#) resource for all 254 Texas counties. We're now working on translating these resources into Spanish, starting with counties with the highest Spanish-speaking populations. The following 31 counties are now available in Spanish:

- |                                  |                                  |
|----------------------------------|----------------------------------|
| <a href="#">Bell County</a>      | <a href="#">Midland County</a>   |
| <a href="#">Bexar County</a>     | <a href="#">Nueces County</a>    |
| <a href="#">Cameron County</a>   | <a href="#">Orange County</a>    |
| <a href="#">Crockett County</a>  | <a href="#">Polk County</a>      |
| <a href="#">Dallas County</a>    | <a href="#">Potter County</a>    |
| <a href="#">Ector County</a>     | <a href="#">Randall County</a>   |
| <a href="#">El Paso County</a>   | <a href="#">Smith County</a>     |
| <a href="#">Galveston County</a> | <a href="#">Starr County</a>     |
| <a href="#">Gregg County</a>     | <a href="#">Tarrant County</a>   |
| <a href="#">Hale County</a>      | <a href="#">Taylor County</a>    |
| <a href="#">Harris County</a>    | <a href="#">Tom Green County</a> |
| <a href="#">Hidalgo County</a>   | <a href="#">Travis County</a>    |
| <a href="#">Jefferson County</a> | <a href="#">Val Verde County</a> |
| <a href="#">Kinney County</a>    | <a href="#">Webb County</a>      |
| <a href="#">Liberty County</a>   | <a href="#">Wichita County</a>   |
| <a href="#">Lubbock County</a>   |                                  |

## Care at the County and Community Level

[Access to Care](#) offers patients, social workers, case managers and others information for cancer screening and treatment at the county and community level.

This information is presented in a simple question-and-answer format, as well as low-literacy language. [Access to Care](#) is available as an online resource, or you can print the PDF document.

TCI staff ensures your content accuracy by verifying and updating contact and program information at least once a year.

Be sure to check out this useful tool on the TCI Web site at [www.texas cancer.info/access/](http://www.texas cancer.info/access/).

## Look for New Breast Cancer Educational Poster in October



**Breast Cancer**  
**Cáncer de Seno**  
1 in 8

**Facts to Consider**  
One in eight women will get breast cancer at some time in her life.  
Be familiar with your breasts. Talk to your doctor if you notice any changes:  
• Change in breast size or shape  
• Lump or thickening in or near breast or underarm area  
• Nipple tenderness or discharge other than breast milk  
• Nipple turning inward into the breast  
• Itch of breast, sore or scaly flake scale, red, swollen or hot redness or getting like an orange peel

**Consideres los Hechos**  
Una de ocho mujeres tendrá cáncer de seno en algún momento en su vida.  
Familiarízate con sus senos. Háblele con su doctor si usted nota algún cambio:  
• Cambio en el tamaño o la forma del seno, o en el área de la axila  
• Sensibilidad del pecho o arenque que no sea leche materna  
• El pezón cambia hacia dentro del seno  
• La piel del seno, de la axila o del arenque se rasca, se enrojece, se hincha, se acortada hinchada o parecen agujeros como los de la cáscara de naranja

**More women today survive breast cancer due to early detection and better treatment.**  
Talk to your doctor about:  
• How to reduce your risk  
• Breast cancer screening

**La información es la clave**  
Texas Cancer Information [www.texas cancer.info](http://www.texas cancer.info)  
Individualized care tail your needs  
• Physicians treating breast cancer  
• Where to find breast cancer screening or treatment  
• Support groups in your community  
• Links to reliable Web sites

**Hay un día más mujeres sobreviven al cáncer de seno gracias a la detección temprana y a mejor tratamiento.**  
Háblele con su doctor sobre:  
• Cómo reducir su riesgo  
• Detección del cáncer de seno

**La información es la clave**  
Texas Cancer Information [www.texas cancer.info](http://www.texas cancer.info)  
personalized care tail your needs  
• Médicos que tratan cáncer de seno  
• Cómo encontrar lugares de detección del cáncer de seno  
• Enlaces para sitios Web confiables

[www.texas cancer.info/poster](http://www.texas cancer.info/poster)

TCI is publishing a new educational poster on breast cancer in the October issue of [Texas Medicine](#) magazine.

This new bilingual (English/Spanish) poster is the latest in a series of posters TCI has produced in collaboration with the [Physician Oncology Education Program \(POEP\)](#) over the last several years.

Covering topics such as survivorship, genetic testing, cancer prevention, skin cancer and clinical trials, these posters are useful educational tools for both patients and health professionals.

TCI posters are available free of charge. To order this poster or one of TCI's posters on other cancer topics, e-mail us at [info@texascancer.info](mailto:info@texascancer.info) or call 713-792-2277.

### Get to Know Us: Mariana Aguirre

Mariana Aguirre joined TCI as Programmer Analyst I in September 2008, exhibiting an enthusiasm for learning that instantly made her a valuable asset to the team.

Mariana assists with technical aspects of the TCI Web site and databases. She performs weekly system backups and provides programming, database management and Web development support for all TCI Web sites.

Additionally, her functions include providing technical assistance to TCI staff members and Web site users and assisting in producing maps and special reports, such as the [Cancer Prevention and Research Institute of Texas Cancer Profiles](#).

Mariana graduated from Texas State University (formerly Southwest Texas State University) in San Marcos with a degree in Computer Information Systems. In her previous positions, she managed databases for a newborn screening lab at the Texas Department of Health in Austin, as well as designing Web pages and doing programming for a Houston auditing firm.

An animal lover, Mariana owned a ferret named Wilson for several years and has volunteered with the Houston Society for the Prevention of Cruelty to Animals.

## Incidence, Mortality, Other Stats Now Updated – Plus New Insurance Coverage and Poverty Level Statistics

Texas Cancer Information provides easy access to cancer demographics and statistics for Texas, including at the county and regional level. We have recently updated and expanded the statistical information we provide.

You can now find updated cancer incidence, mortality and population data and [generate profiles](#) which include updated data on cancer resources and statistics for any county in Texas.

TCI also just added two **new** statistical databases to help Texans better understand issues surrounding access to health care services, [Health Insurance Coverage in Texas Counties](#) and [Poverty and Median Income Estimates for Texas Counties](#).

While you're browsing the statistics pages, be sure to take a look at the enhanced [Texas Cancer Facts and Figures 2008 Enhanced PDF and Supporting Data](#).

Check out these [texascancer.info](#) pages for cancer demographics and statistics:

- [Statistics](#)
- [Texas Cancer Deaths and Age-Adjusted Mortality Rates Updated!](#)
- [Texas Cancer Incidence Updated!](#)
- [Regional Profiles Updated!](#)
- [Statistical Topics \(specialized searches of cancer incidence and mortality\) Updated!](#)
- [Texas Expected Cancer Cases and Deaths](#)
- [Texas Leading Causes of Death](#)
- [Texas Population Updated!](#)
- [Health Insurance Coverage in Texas Counties New!](#)
- [Poverty and Median Income Estimates for Texas Counties New!](#)
- [Texas Cancer Facts and Figures 2008 Enhanced PDF and Supporting Data](#)
- [Tumor Registrars](#)
- [Cancer Risk Factors Updated!](#)
- [Links by Topic](#)



## Online Resources About – and For – Community Coalitions

If you're a member of a community coalition, or you want to know what's going on in your local coalition, log onto TCI's [Community Cancer Coalitions](#) page.

We provide updated information to help our partners who are fighting cancer at the grass-roots level. As a special service to our community partners, we have prepared [Cancer Prevention and Research Institute of Texas Cancer Profiles](#) of counties that have cancer coalitions in one or more of their communities.

These PDF reports, which include graphs and charts, can be printed and shared with community members and policy planners. Each *Profile* provides a picture of the impact of cancer on the county in terms of cancer incidence and mortality and the availability of cancer resources. Coalition members can also generate non-graphical profiles to get the most up-to-date statistical and resource information (which are updated throughout the year) by visiting the [Regional Profiles](#) page and clicking on [County Cancer Profiles](#).

Let us know if you don't see your coalition listed in our [Community Cancer Coalitions Database](#). We would like your help to keep our information accurate and up-to-date. To give us information about your coalition, e-mail us at [info@texascancer.info](mailto:info@texascancer.info).

Also, spread the word among your community cancer coalition members – you can post your upcoming events & meetings on the [Community Events](#) page at <http://www.texascancer.info/communityevents.html>!



## Secure Online Forum Coming for Community Coalition Members!

By popular demand, TCI is developing a free, secure online forum for community cancer coalition members statewide to share ideas about their respective projects.

TCI will host an open comment thread for coalition members to communicate with each other using this secure site. The forum will be by invitation, and access will be password restricted.

Stay tuned to the [TCI Web site](#) for more information as the forum develops!



## Survey Time!

Texas Cancer Information provides information on physicians, hospitals, community resources and more.

We depend on you to help us keep our information accurate by responding to your survey and updating your information. Look for your survey in the mail or e-mail.

Upcoming Texas Cancer Information surveys:

- September 30 – [Physicians \(last name A – B\)](#)
- October 31 – [Tumor Registrars](#)
- October 31 – [Physicians \(last name C – D\)](#)
- November 30 – [Hospitals](#)
- November 30 – [Physicians E – F](#)
- December 31 – [Community Cancer Coalitions](#)
- December 31 – [Physicians G - H](#)

To [update your information](#) before receiving your survey, log onto Texas Cancer Information anytime. Forgot your password to make your updates? E-mail us at [info@texascancer.info](mailto:info@texascancer.info).